

LIFEXPERTS



Sex Positive &
Educational
Content

PATREON
Access on demand

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ABOUT PATREON

Patreon is a platform for creators and communities. Leah Spasova, psychologist and sex and relationship educator and founder of LIFESEXPERTS uses Patreon to deliver valuable and quality content for our community of sex-positive folk who want to learn and grow.

Joining as a Patreon supporter means you get on demand access to great content on everything life, sex and relationships. This platform gives you the opportunity to keep exploring and expanding on your learning experiences in your own time.

The free content includes things like:

- Articles Leah has written
- Articles has contributed for
- Podcasts she has been a guest at

The exclusive content you gain access to depends on your membership tier - these are outlined below.



01 tier

CURIOUS AND OPEN-MINDED...

about exploring sexuality and relationships and wanting to dip your toes in and learn about these close to the heart topics? This is the perfect tier to get you started!

02 tier

OPEN TO LEARNING...

pushes you into the next level of exploring sexuality and relationships. This tier is for those wanting to invest more time and learn more actively about these close to the heart topics.

03 tier

DEEP DIVER...

empowers you to be part of the design and the learning and growth that happens in our community here. This is your opportunity to stir us in topics and concepts you want explored.



Webinars

*Available on demand
for Patreon supporters*

- How to be confident in bed with a new partner?
- Kink and BDSM - The Community & The Events
- Useful Tips and Know-How For Those Single and Dating
- Sex Redefined - To More Pleasure, Fun and Satisfaction
- Business wisdom for success in personal relationships
- The Importance and Joy of Quality Intimate Touch
- From Survival to Creation - 7 Secrets of Sexual Transmutation
- Making Sense Of Conflicting Feelings Of Love and Hate In Relationships
- How To Expand On Your Sexual Experiences?
- Polyamory and Fidelity: Misconceptions and Your FAQs answered
- Open relationships - Love, Jealousy & Vital Know-How
- The 5 C's For Sex Beyond Your Wildest Dreams
- Making Sense Of Low Sexual Desire In Women
- Open Relationships: Can I be poly if I'm jealous?
- 5 Popular Questions About Psychotherapy Answered Alternatively
- The Big Three Secrets To a Pleasure Filled Intimate Life
- The worst assumptions in sex and relationships & How not to make them

More Exclusive Content

Join us at the different tiers to gain access to more and deeper exclusive content.

Patreon supporters gain access to more content when they increase their membership tier. The 3rd tier gives members access to all of the benefits outlined below.

Yes, joining is an investment - in yourself. Making a step forward and investing in oneself's personal development is the difference between those who progress and have good relationships and fulfilling sexual lives and those who only talk about wanting such, but never put the necessary effort. If you're a doer, if you're someone ready to get on a journey to personal growth and want the time flexibility - our Patreon membership is for you.



Exclusive Content



Food For Thought - get regular, inspirational and thought provoking prompts that will get your mind explore the concepts you live with and struggle with. These can be great for you to ponder over with your friends and family.

Priceless Insights - these are regular insights in the form of text or video message from Leah, in which she shares gems of wisdom and reflections on anything life, sex and relationships. These can help you grasp new to you concepts or re-evaluate how you think of certain topics.

Recommended Content - we are flooded with content on the important topics of life, but much of it is just not worth our time. Leah goes through tons of content daily and recommends you the books, articles, films, documentaries, videos and more that can actually add value to your life, rather than waste your time.

Challenges - it's all good to learn through passively receiving information on concepts, topics and more, but it's even better to learn through active exploration. Leah shares with you a monthly challenge which you can try and see where the exploration takes you. Get to know your body, your mind, your partners better and extract more joy and pleasure for yourself in the process and thereafter. And don't forget to share your experience with fellow sex positive folk on the platform.

Ask a Question - whatever crosses your mind, bugs you daily or even keeps you awake at night, you can ask the question and Leah shares personalised insight for you in a message or in a monthly video call.

Monthly Video Call - the monthly call is an opportunity for Leah to address, discuss and shed light on the questions you've asked her privately. You can join the calls live or if you can't make it, then watch the recorded version later.



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